

Kathleen A. Byrnes, Ph.D.

The University of Texas at Dallas
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Education

Texas Woman's University, Denton, Texas.
Doctor of Philosophy in Health Studies
Dissertation title: Cognitive Maintenance of Older Adults in Long-term Care.

Amberton University, Dallas, Texas.
Master of Arts in Counseling

Baylor University, Waco, Texas.
Master of Science in Gerontology

Baylor University, Waco, Texas
Bachelor of Arts in Psychology

License: Licensed Professional Counselor (LPC)

Experience

Program Head, Health Care Studies - The University of Texas at Dallas
Senior Lecturer

- + Develop and teach Health Care Studies courses including: Patient Education, Pre-Health Professional Development, Geriatric Healthcare, Health Career Exploration, Health Care Internship, U.S. Healthcare System for Clinicians.
- + Conduct ongoing presentations for prospective and transfer students regarding B.S. in Health Care Studies degree program. Represent Health Care Studies program at UT Dallas events and off campus.
- + Pre-health Living and Learning Community faculty representative.
- + Supervise pre-health student organizations.
(2012 to present).

Assistant Director, Health Professions Advising Center – The University of Texas at Dallas.
Clinical Assistant Professor

- + Counsel pre-health students regarding health care career options and academic preparation.
- + Develop and teach Sophomore Pre-health Living and Learning courses.
- + Conduct ongoing presentations for prospective and transfer students regarding services of Center.
- + Supervise pre-health student organizations.
- + Develop and teach Health Care Studies courses including: Issues in Geriatric Health Care, Patient Education, Health Care Internship, Health Professions Independent Study, Health Careers Exploration, U.S. Healthcare System for Clinicians.
(2009 to 2012).

Academic Advisor III – The University of Texas at Dallas, Richardson, Texas.

- + Counsel students experiencing academic difficulties and develop individual plans for improvement.
- + Advise students regarding majors, academic issues, transfer information and university resources.
- + Teach RHET 1101 college transition course.

(2007 to 2009)

Program Coordinator – HCA Green Oaks Hospital, Work Returns Program, Plano, Texas.

- + Assessment and counseling of adults in individual and group settings.
- + Administer and interpret assessments, case management of clients and community referrals.
- + Create and present seminars to hospitals, corporations and organizations on workplace issues.
- + Development and marketing of new outpatient counseling programs.
- + Development of patient education materials.
- + EAP program management.

(2006 to 2007 and continuing PRN)

Counselor – Sante Rehabilitation Group, Dallas, Texas.

- + Assessment and counseling of adults in return to work and pain management programs.
- + Counseling of adults in individual and group settings, case management and community referrals.
- + Development of patient education materials.

(2004 to 2006)

Counselor – Private practice, Dallas, Texas.

- + Assessment and counseling of adults in areas of career, academic issues, grief, family, marriage and work issues. Client case management and community referrals.
- + Geriatric care management services.
- + Consultation in health care program and services development, management and marketing.

(1994 to 2006)

Unit Director – Rehab Care Corporation, Arlington, Texas.

- + Performed all management functions for this comprehensive, inpatient rehabilitation unit in Arlington Medical Center. Supervised staff of 60 including therapists, nurses and physicians.
- + Developed and managed unit budget of \$4 million annually.
- + Conducted all human resources duties including staff recruitment, training and benefits administration.

(1990 to 1994)

Gerontologist – Wesley Village Senior Living Community, Denison, Texas.

- + Created and presented educational seminars on health and aging topics to area health care facilities, community agencies and industry. Liason between facility, health care facilities, community agencies.
- + Developed marketing plan, marketing materials, and produced newsletter to enhance area awareness of senior living options and geriatric health issues.

(1989 to 1990)

Administrator – Dallas Central Diagnostic Imaging Center, Dallas, Texas.

- + Performed all management duties for this outpatient imaging center.
- + Directed all human resources and marketing functions including staff training and recruitment.
- + Negotiated managed care contracts for imaging services.
- + Supervised staff of physicians, radiology techs., nurses and business office.

(1987 to 1989)

Physician Representative – U.S. Healthcare Corporation, Las Colinas, Texas.

- + Negotiated hospital and physician group contracts for this managed care corporation.
- + Trained hospital personnel and physicians in managed care reimbursement, policies and procedures. (1985 to 1987)

Adjunct Faculty – Texas Woman’s University, Denton, Texas.

Department of Health Studies

- + Teach courses in Program Development and Program Evaluation. Developed and teach courses in Aging and Ethics.

Director – Senior Health and Wellness Program, Texas Woman’s University
(1998-1999; grant funded program).

- + Developed and conducted lab sections within allied health degree programs to train students to work with geriatric patients in a variety of health care environments.
- + Supervised students working in the senior wellness program.

Eastfield College, Mesquite, Texas.

Department of Social Sciences and Human Services

(2002 to 2009)

- + Course and curriculum development in gerontology. Developed and taught courses including Introduction to Gerontology, Aging and Mental Health, and Adult Development and Aging.
- + Instructed in classroom and online courses.

Baylor University, Institute of Gerontology, Waco, Texas.

(1990 to 2004)

- + Developed and conducted semiannual seminars in health care administration.
- + Graduate internship coordinator – developed internship sites in the community and supervised graduate students.

Baylor University, Waco, Texas.

College for Lifelong Learning

(1994 to 2003)

- + Developed and conducted classes in areas of adult development and geriatric health.
- + Supervision of student staff.

Certifications

Critical Incident Stress Management (CISM)
International Critical Incident Stress Foundation.

Professional Memberships

National Career Development Association

National Association of Advisors for the Health Professions

Texas Association of Advisors for the Health Professions

Employee Assistance Professionals Association

Texas Counseling Association

Gerontological Society of America

Comparative and International Education Society